School Information: Offered Daily with all
Meals: Veggie Bar, Fresh and Canned Fruit.
Maytield Milk Choices: Skim, $1 \%$,
NF Chocolate, Vanilla \& Strawberry

| Monday | Tuesday |
| :--- | :--- | :--- |
| Flame-Broiled Hamburger <br> WG Bun, Fries, Carrots | Chicken Filet <br> WG Bun, Broccoli <br> Lett/Tom/Pickle |
| Potato Wedges |  |



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.
Wednesday
Beef Taco's
Rice, Refried Beans
Lett/Tom/Cheese
Or: Potato Bar with Fixings
Chicken Filet
WG Bun
Baked Beans, California Blend
Or: Meatball Sub

Teriyaki Chicken, Soft Shell 17 Rice, Oriental Blend Peppers \& Onions

Or: Ham \& Cheese WG Bun, Au Gratin Potatoes

Chicken Filet, WG Bun
Baked Beans
California Blend, Pickle
Or: Riblet, WG Hoagie
Baked Beans, Coleslaw
Menu subject to change without notice


Friday

Wild Mike's Cheese Bites 5
Marinara Sauce
Green Beans
Or: Fish, WG Bun, Coleslaw
Or: Grilled Chicken, WG Bun Sweet Potato Tots

Steak \& Gravy
Mashed Potatoes
Peas, Roll
Or: Grilled Cheese, Potato Soup

Mini Corndogs
Nacho \& Cheese Broccoli

Or: Philly Cheese Steak
Pinwheel, Sweet Potato Fries
Quesadilla 25

Refried Beans
Salsa, Shredded Lettuce
Or: Ham \& Cheese, WG Bun Au Gratin Potatoes
Mini Corndogs
Nacho and Cheese Broccoli

Or: Hamburger, WG Bun
Fries, Lett/Tom/Pickle
Corn
Carrots

Holiday
No School

Boneless Hot Wings
Curly Fries, Celery Sticks
Garlic Bread Sticks
Or: Garlic Cheese Pizza Corn, Carrots


